

Mid Sth Coast Zone

Results 2010/2011

Age Group: U/7 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
50M Run	Ben Shephard	Milton Ulladulla	9	1	9.0
	Hunter Lynch	Kiama	7	2	9.3
	Kurtis Bennett	Kiama	98	3	9.5
	Corban Johnston	Albion Park	81	4	9.8
	Liam Shumack	Albion Park	201	5	10.0
	Darcy Wooden	Milton Ulladulla	57	6	10.3
	Kai Verkroost	Sussex Inlet	42	7	10.8
	Mathew Hutchison	Lake Illawarra	133	8	12.9
70M Run	Corban Johnston	Albion Park	81	1	13.0
	Darcy Wooden	Milton Ulladulla	57	2	13.8
	Hudson Boatswain	Kiama	149	3	14.0
	Kai Verkroost	Sussex Inlet	42	4	16.5
100M Run	Hunter Lynch	Kiama	7	1	17.7
	Ben Shephard	Milton Ulladulla	9	2	18.0
	Ben Johnson	Shoalhaven	123	3	18.2
	Isaac Shaw	Lake Illawarra	81	4	18.5
	Darcy Wooden	Milton Ulladulla	57	5	19.4
	Flynn Glover	Sussex Inlet	4	6	19.6
	Kurtis Bennett	Kiama	98	7	19.9
200M Run	Hunter Lynch	Kiama	7	1	39.0
	Kieran Potts	Albion Park	98	2	39.7
	Ben Shephard	Milton Ulladulla	9	3	40.3
	Isaac Shaw	Lake Illawarra	81	4	40.7
	Kurtis Bennett	Kiama	98	5	40.9
	Flynn Glover	Sussex Inlet	4	6	45.7
Long Jump	Kurtis Bennett	Kiama	98	1	2.73
	Isaac Shaw	Lake Illawarra	81	2	2.65
	Darcy Wooden	Milton Ulladulla	57	3	2.45
	Corban Johnston	Albion Park	81	4	2.41
	Liam Herbert	Lake Illawarra	41	5	2.38
	Hudson Boatswain	Kiama	149	6	2.32
	Ben Johnson	Shoalhaven	123	7	2.30
	Mathew Hutchison	Lake Illawarra	133	8	1.98
	Kai Verkroost	Sussex Inlet	42	9	1.98
Shot Put	Ben Johnson	Shoalhaven	123	1	5.55
	Ben Shephard	Milton Ulladulla	9	2	4.87
	Kieran Potts	Albion Park	98	3	4.67
	Liam Shumack	Albion Park	201	4	3.84
	Hunter Lynch	Kiama	7	5	3.26
	Mathew Hutchison	Lake Illawarra	133	6	3.20
	Kai Verkroost	Sussex Inlet	42	7	3.16
	Flynn Glover	Sussex Inlet	4	8	2.86
	Corban Johnston	Albion Park	81	1	13.39
Discus	Hudson Boatswain	Kiama	149	2	11.35
	Ben Johnson	Shoalhaven	123	3	10.22
	Mathew Hutchison	Lake Illawarra	133	4	9.47
	Kieran Potts	Albion Park	98	5	9.47

Pack Start	Kieran Potts	Albion Park	98	1	1-54.5
	Isaac Shaw	Lake Illawarra	81	2	1-55.1
	Liam Herbert	Lake Illawarra	41	3	2-12.4
	Hudson Boatswain	Kiama	149	4	2-18.2

Age Group: U/8 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Jayden Wright	Albion Park	32	1	11.6
	Oliver Lambert	Lake Illawarra	55	2	12.7
100M Run	Jayden Wright	Albion Park	32	1	15.8
	Jack Skinner	Milton Ulladulla	2	2	16.7
	Oliver Lambert	Lake Illawarra	55	3	18.0
	Aidan Moroney	Sussex Inlet	2	4	18.5
	Byron Bennett	Kiama	201	5	19.0
	Jaymz DeSousa	Lake Illawarra	77	6	19.5
	Jack Tekis	Sussex Inlet	6	7	20.5
200M Run	Jayden Wright	Albion Park	32	1	33.3
	Jack Skinner	Milton Ulladulla	2	2	36.0
60M Hurdles	Jack Skinner	Milton Ulladulla	2	1	12.9
	Jaymz DeSousa	Lake Illawarra	77	2	13.1
	Aidan Moroney	Sussex Inlet	2	3	13.3
	Oliver Lambert	Lake Illawarra	55	4	13.3
	Lachlan Stuckey	Shoalhaven	93	5	13.3
	Byron Bennett	Kiama	201	6	13.5
	Jack Tekis	Sussex Inlet	6	7	15.1
	Joshua Gamble	Lake Illawarra	24	8	15.6
Long Jump	Jayden Wright	Albion Park	32	1	3.75
	Aidan Moroney	Sussex Inlet	2	2	2.95
	Lachlan Stuckey	Shoalhaven	93	3	2.74
	Joshua Gamble	Lake Illawarra	24	4	2.34
	Jaymz DeSousa	Lake Illawarra	77	5	2.14
Shot Put	Byron Bennett	Kiama	201	1	5.75
	Oliver Lambert	Lake Illawarra	55	2	4.71
	Jaymz DeSousa	Lake Illawarra	77	3	4.70
	Lachlan Stuckey	Shoalhaven	93	4	4.65
	Aidan Moroney	Sussex Inlet	2	5	4.43
	Joshua Gamble	Lake Illawarra	24	6	4.11
	Jack Tekis	Sussex Inlet	6	7	3.97
Discus	Lachlan Stuckey	Shoalhaven	93	1	15.32
	Byron Bennett	Kiama	201	2	13.16
	Jack Skinner	Milton Ulladulla	2	3	11.66
	Joshua Gamble	Lake Illawarra	24	4	10.78

Age Group: U/9 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Connor Rodriguez	St Georges Basin	74	1	11.6
	Zachery Daniel	Albion Park	121	2	12.2
	Kye Jones	Shoalhaven	24	3	12.4
	Harrison Graham	Shoalhaven	72	4	12.4

100M Run	Adam Mason	Albion Park	52	1	16.7
	Zack Hind-Langwade	St Georges Basin	58	2	16.7
	Connor Rodriguez	St Georges Basin	74	3	16.7
	Brandon Troth	Albion Park	35	4	16.8
	Joe Shephard	Milton Ulladulla	6	5	17.5
	Jack Begg	Milton Ulladulla	24	6	17.9
	Thomas Power	St Georges Basin	69	7	18.2
200M Run	Adam Mason	Albion Park	52	1	33.5
	Zack Hind-Langwade	St Georges Basin	58	2	34.5
	Riley Westra	Lake Illawarra	149	3	35.8
	Connor Rodriguez	St Georges Basin	74	4	37.9
	Corey McConville	Shoalhaven	25	5	38.6
	Zachery Daniel	Albion Park	121	6	38.8
	Harrison Graham	Shoalhaven	72	7	39.5
400M Run	Riley Westra	Lake Illawarra	149	1	1-20.2
	Alexander Bonetig	Albion Park	148	2	1-20.5
	Zack Hind-Langwade	St Georges Basin	58	3	1-20.8
	Kye Jones	Shoalhaven	24	4	1-21.7
	Joe Shephard	Milton Ulladulla	6	5	1-29.3
	Brandon Troth	Albion Park	35	6	1-34.3
	Jack Begg	Milton Ulladulla	24	7	1-36.3
800M Run	Kye Jones	Shoalhaven	24	1	3-00.9
	Riley Westra	Lake Illawarra	149	2	3-07.0
	Zack Hind-Langwade	St Georges Basin	58	3	3-16.7
	Zachery Daniel	Albion Park	121	4	3-26.6
	Lewis Terry	Kiama	225	5	3-30.0
	Kaeden Bianco	Lake Illawarra	163	6	3-37.0
700M Walk	Corey McConville	Shoalhaven	25	1	5-23.6
	Kaeden Bianco	Lake Illawarra	163	2	5-27.9
60M Hurdles	Alexander Bonetig	Albion Park	148	1	12.0
	Thomas Power	St Georges Basin	69	2	12.4
	Dimitri Semos	Kiama	26	3	12.4
	Joe Shephard	Milton Ulladulla	6	4	12.6
	Brandon Troth	Albion Park	35	5	12.6
	Jack Begg	Milton Ulladulla	24	6	12.9
	Lewis Terry	Kiama	225	7	12.9
	Jayden White	Sussex Inlet	3	8	13.9
Long Jump	Thomas Power	St Georges Basin	69	1	3.01
	Riley Westra	Lake Illawarra	149	2	3.00
	Harrison Graham	Shoalhaven	72	3	2.87
High Jump	Alexander Bonetig	Albion Park	148	1	1.00
	Corey McConville	Shoalhaven	25	2	.90
	Brandon Troth	Albion Park	35	3	.85
Shot Put	Adam Mason	Albion Park	52	1	5.72
	Alexander Bonetig	Albion Park	148	2	5.11
	Jack Begg	Milton Ulladulla	24	3	4.89
	Corey McConville	Shoalhaven	25	4	4.75
	Joe Shephard	Milton Ulladulla	6	5	4.50
	Lewis Terry	Kiama	225	6	3.39

Discus	Adam Mason	Albion Park	52	1	22.49
	Kaeden Bianco	Lake Illawarra	163	2	14.69
	Zachery Daniel	Albion Park	121	3	14.64
	Thomas Power	St Georges Basin	69	4	12.31
	Harrison Graham	Shoalhaven	72	5	11.66
	Lewis Terry	Kiama	225	6	10.96

Age Group: U/10 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Mitchell Potts	Albion Park	101	1	9.8
	Jye Shumack	Albion Park	202	2	10.1
	Ben Fowler	Albion Park	102	3	10.3
	Tarje Whitford	Milton Ulladulla	26	4	10.5
	Haydn Galea	Milton Ulladulla	55	5	10.8
100M Run	Mitchell Potts	Albion Park	101	1	14.3
	Jarod Troth	Albion Park	36	2	14.3
	Connor Ruse-Kent	Albion Park	76	3	14.4
	Alistair Clark	Shoalhaven	152	4	15.1
	Samuel Taylor	St Georges Basin	40	5	15.4
	Tyler Evans	Milton Ulladulla	5	6	15.5
	Joshua Lambert	Lake Illawarra	54	7	15.7
	Josh Monro	Albion Park	163	8	15.9
200M Run	Mitchell Potts	Albion Park	101	1	29.2
	Connor Ruse-Kent	Albion Park	76	2	29.7
	Alistair Clark	Shoalhaven	152	3	30.3
	Josh Monro	Albion Park	163	4	32.6
	Joshua Lambert	Lake Illawarra	54	5	33.4
	Tyler Evans	Milton Ulladulla	5	6	34.2
	Haydn Galea	Milton Ulladulla	55	7	34.8
	Kyle Bennett	Kiama	100	8	35.8
400M Run	Jarod Troth	Albion Park	36	1	1-13.2
	Alistair Clark	Shoalhaven	152	2	1-14.1
	Jye Shumack	Albion Park	202	3	1-14.2
	Tyler Woods	Milton Ulladulla	8	4	1-27.2
	Cooper Winkelbauer	Lake Illawarra	8	5	1-30.4
800M Run	Benjamin Worthington	St Georges Basin	34	1	3-05.0
1500M Run	Samuel Taylor	St Georges Basin	40	1	6-20.0
	Joshua Lambert	Lake Illawarra	54	2	6-28.7
1100M Walk	Tarje Whitford	Milton Ulladulla	26	1	7-26.6
60M Hurdles	Ben Fowler	Albion Park	102	1	10.9
	Mitchell Potts	Albion Park	101	2	11.1
	Jye Shumack	Albion Park	202	3	11.2
	Samuel Taylor	St Georges Basin	40	4	11.9
	Tarje Whitford	Milton Ulladulla	26	5	13.4
	Cooper Winkelbauer	Lake Illawarra	8	6	13.4
	Kyle Bennett	Kiama	100	7	14.0
	Josh Monro	Albion Park	163	8	14.1
Long Jump	Connor Ruse-Kent	Albion Park	76	1	3.88
	Ben Fowler	Albion Park	102	2	3.88
	Jarod Troth	Albion Park	36	3	3.85
	Samuel Taylor	St Georges Basin	40	4	3.68
	Josh Monro	Albion Park	163	5	3.12
	Tyler Evans	Milton Ulladulla	5	6	3.10

High Jump	Jye Shumack	Albion Park	202	1	1.24
	Connor Ruse-Kent	Albion Park	76	2	1.24
	Ben Fowler	Albion Park	102	3	1.21
	Alistair Clark	Shoalhaven	152	4	1.18
	Benjamin Worthington	St Georges Basin	34	5	1.18
	Tyler Evans	Milton Ulladulla	5	6	1.00
Shot Put	Kyle Bennett	Kiama	100	1	6.55
	Joshua Lambert	Lake Illawarra	54	2	6.54
	Benjamin Worthington	St Georges Basin	34	3	5.81
	Tyler Woods	Milton Ulladulla	8	4	5.32
	Haydn Galea	Milton Ulladulla	55	5	5.05
Discus	Tarje Whitford	Milton Ulladulla	26	1	18.54
	Benjamin Worthington	St Georges Basin	34	2	18.03
	Tyler Woods	Milton Ulladulla	8	3	14.01
	Cooper Winkelbauer	Lake Illawarra	8	4	13.76
	Jarod Troth	Albion Park	36	5	9.84

Age Group: U/11 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Tristan Brazulaitis	Albion Park	2	1	14.1
	Spencer Blunden	Albion Park	115	2	14.5
	Travis Wooden	Milton Ulladulla	56	3	14.5
	Slade Wellington	Shoalhaven	235	4	15.2
	Jared Barnes	Lake Illawarra	17	5	15.3
	Thomas Bell	Kiama	111	6	15.8
	Luke Kellett	Shoalhaven	195	7	16.4
	Declyn Brazulaitis	Albion Park	18	8	16.4
200M Run	Tristan Brazulaitis	Albion Park	2	1	28.3
	Dylan Lucas	Albion Park	203	2	29.6
	Spencer Blunden	Albion Park	115	3	29.8
	Troy Whittington	Lake Illawarra	100	4	30.0
	Jarod Handcock	Albion Park	119	5	33.7
	Cody Rodriguez	St Georges Basin	73	6	35.1
400M Run	Troy Whittington	Lake Illawarra	100	1	1-10.9
	Finlay McPhillips	Albion Park	135	2	1-16.8
	Jared Barnes	Lake Illawarra	17	3	1-17.4
	Jarod Handcock	Albion Park	119	4	1-19.4
	Michael Robinson	Kiama	148	5	1-24.4
	Bailey Nichols	St Georges Basin	3	6	1-26.0
	Luke Kellett	Shoalhaven	195	7	1-28.0
800M Run	Troy Whittington	Lake Illawarra	100	1	2-42.1
	Jarryd Hodgekiss-Gargett	Albion Park	171	2	2-54.2
	Dylan Lucas	Albion Park	203	3	2-54.3
	Finlay McPhillips	Albion Park	135	4	2-55.0
	Michael Robinson	Kiama	148	5	3-06.8
	Aris Seitaridis	Lake Illawarra	170	6	3-07.9
	Declyn Brazulaitis	Albion Park	18	7	3-13.2
	Jarod Handcock	Albion Park	119	8	3-19.8
1500M Run	Troy Whittington	Lake Illawarra	100	1	5-22.1
	Travis Wooden	Milton Ulladulla	56	2	5-44.6
	Finlay McPhillips	Albion Park	135	3	5-45.2
	Michael Robinson	Kiama	148	4	5-47.5
	Aris Seitaridis	Lake Illawarra	170	5	6-05.6
1100M Walk	William Gamble	Lake Illawarra	25	1	10-48.4

60M Hurdles	Tristan Brazulaitis	Albion Park	2	1	10.1
	Jarryd Hodgekiss-Gargett	Albion Park	171	2	10.3
	Thomas Bell	Kiama	111	3	10.8
	Jared Barnes	Lake Illawarra	17	4	11.7
	Slade Wellington	Shoalhaven	235	5	12.0
	Jed Brooker	Albion Park	100	6	12.2
	Luke Kellett	Shoalhaven	195	7	12.4
	Ryan Waine	Lake Illawarra	11	8	13.8
Long Jump	Spencer Blunden	Albion Park	115	1	4.63
	Travis Wooden	Milton Ulladulla	56	2	4.47
	Jarryd Hodgekiss-Gargett	Albion Park	171	3	4.30
	Thomas Bell	Kiama	111	4	4.22
	Kyle Attard	Lake Illawarra	622	5	3.86
	Jarod Handcock	Albion Park	119	6	3.75
	Bailey Nichols	St Georges Basin	3	7	3.62
	Jed Brooker	Albion Park	100	8	3.58
	William Gamble	Lake Illawarra	25	9	3.36
	Declyn Brazulaitis	Albion Park	18	10	3.33
	Sebastian Ivanov	Lake Illawarra	75	11	2.58
High Jump	Michael Robinson	Kiama	148	1	1.26
	Travis Wooden	Milton Ulladulla	56	2	1.21
	Bailey Nichols	St Georges Basin	3	3	1.21
	Jed Brooker	Albion Park	100	4	1.18
	Declyn Brazulaitis	Albion Park	18	5	1.15
	Dylan Lucas	Albion Park	203	6	1.10
	Cody Rodriguez	St Georges Basin	73	6	1.10
Triple Jump	Spencer Blunden	Albion Park	115	1	8.89
	Tristan Brazulaitis	Albion Park	2	2	8.33
	Jared Barnes	Lake Illawarra	17	3	7.46
Shot Put	Kyle Attard	Lake Illawarra	622	1	8.96
	Ryan Waine	Lake Illawarra	11	2	8.27
	Sebastian Ivanov	Lake Illawarra	75	3	8.20
	Jarryd Hodgekiss-Gargett	Albion Park	171	4	7.73
Discus	Kyle Attard	Lake Illawarra	622	1	22.35
	Bailey Nichols	St Georges Basin	3	2	20.66
	Ryan Waine	Lake Illawarra	11	3	19.77
	Sebastian Ivanov	Lake Illawarra	75	4	16.94
	William Gamble	Lake Illawarra	25	5	14.28
	Finlay McPhillips	Albion Park	135	6	9.99

Age Group: U/12 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Jake Trew	Shoalhaven	240	1	14.3
	Zachary Havadjia	Shoalhaven	12	2	14.3
	James Clay	Lake Illawarra	61	3	14.6
	Cameron Musgrove	Shoalhaven	108	4	14.9
	Tyson Neill	Albion Park	22	5	14.9
	Ewan Bell	Kiama	113	6	15.1
	Ryan Mason	Albion Park	51	7	15.3
200M Run	Zachary Havadjia	Shoalhaven	12	1	28.3
	Kade Szakacs	Albion Park	12	2	29.4
	Cameron Musgrove	Shoalhaven	108	3	30.2
	James Clay	Lake Illawarra	61	4	31.1
	Elijah Nile	Kiama	183	5	33.9

400M Run	Kade Szakacs	Albion Park	12	1	1-08.8
	Zachary Havadjia	Shoalhaven	12	2	1-11.3
	Cameron Musgrove	Shoalhaven	108	3	1-11.5
	Elijah Nile	Kiama	183	4	1-17.4
	Dylan Holland	Lake Illawarra	96	5	1-21.3
800M Run	Kade Szakacs	Albion Park	12	1	2-38.2
	Zachary Havadjia	Shoalhaven	12	2	3-02.9
	Elijah Nile	Kiama	183	3	3-07.6
	Dylan Holland	Lake Illawarra	96	4	3-08.5
1500M Run	Kade Szakacs	Albion Park	12	1	5-15.3
	Elijah Nile	Kiama	183	2	6-06.0
	Harry Taylor	St Georges Basin	39	3	6-06.7
	Dylan Holland	Lake Illawarra	96	4	6-07.9
	Nicholas High	Albion Park	129	5	6-30.7
1500M Walk	James Clay	Lake Illawarra	61	1	10-35.4
60M Hurdles	Kobe Collier	Albion Park	7	1	10.2
	Ewan Bell	Kiama	113	2	11.3
	Jake Trew	Shoalhaven	240	3	11.4
	Ryan Mason	Albion Park	51	4	11.7
	Tristan McIntosh	Lake Illawarra	119	5	11.7
	James Clay	Lake Illawarra	61	6	12.0
	Jake Cleal-Cook	Kiama	31	7	12.4
Long Jump	Kobe Collier	Albion Park	7	1	4.49
	Ewan Bell	Kiama	113	2	4.47
	Tyson Neill	Albion Park	22	3	4.36
	Nicholas High	Albion Park	129	4	4.08
	Dylan Holland	Lake Illawarra	96	5	3.79
	Tristan McIntosh	Lake Illawarra	119	6	3.72
	Jake Cleal-Cook	Kiama	31	7	3.60
	Jacob Fernandes	Lake Illawarra	72	8	3.26
	Harry Taylor	St Georges Basin	39	9	3.21
High Jump	Tyson Neill	Albion Park	22	1	1.30
	Connar Grozde	Albion Park	158	2	1.20
Triple Jump	Jake Rallings	Albion Park	226	1	10.68
	Ewan Bell	Kiama	113	2	9.35
	Luke Debrot	Albion Park	104	3	9.19
	Kobe Collier	Albion Park	7	4	8.98
	Cameron Musgrove	Shoalhaven	108	5	7.78
Shot Put	Luke Debrot	Albion Park	104	1	10.37
	Connar Grozde	Albion Park	158	2	9.77
	Tristan McIntosh	Lake Illawarra	119	3	8.93
	Jacob Fernandes	Lake Illawarra	72	4	6.33
	Alex Power	St Georges Basin	68	5	5.72
Discus	Luke Debrot	Albion Park	104	1	34.80
	Tristan McIntosh	Lake Illawarra	119	2	31.63
	Connar Grozde	Albion Park	158	3	28.63
	Tyson Neill	Albion Park	22	4	23.54
	Harry Taylor	St Georges Basin	39	5	17.74
	Alex Power	St Georges Basin	68	6	16.91
	Jacob Fernandes	Lake Illawarra	72	7	16.66
	Ryan Mason	Albion Park	51	8	14.75

Javelin	Luke Debrot	Albion Park	104	1	30.99
	Connar Grozde	Albion Park	158	2	25.99
	Kobe Collier	Albion Park	7	3	25.93
	Declan Hull	Albion Park	41	4	23.90
	Ryan Mason	Albion Park	51	5	15.75
	Alex Power	St Georges Basin	68	6	12.83
	Jake Cleal-Cook	Kiama	31	7	11.06

Age Group: U/13 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Daniel Quinten	Shoalhaven	8	1	12.8
	Harrison Stewart	Shoalhaven	9	2	13.6
	Jack Fowler	Albion Park	103	3	14.0
	Brock Nichols	St Georges Basin	1	4	14.9
	Jordan De Vries	St Georges Basin	2	5	15.3
	Matthew McDonald	St Georges Basin	83	6	17.3
200M Run	Jack Fowler	Albion Park	103	1	27.5
	Cody White	Albion Park	13	2	30.5
	Jordan De Vries	St Georges Basin	2	3	31.3
	Matthew McDonald	St Georges Basin	83	4	36.1
400M Run	Sam Woods	Milton Ulladulla	7	1	1-06.9
	Cody White	Albion Park	13	2	1-18.7
800M Run	Sam Woods	Milton Ulladulla	7	1	2-29.3
	Jye Edwards	Albion Park	16	2	2-34.3
1500M Run	Sam Woods	Milton Ulladulla	7	1	5-03.8
	Jye Edwards	Albion Park	16	2	5-12.6
3000M Run	Sam Woods	Milton Ulladulla	7	1	11-27.7
	Jye Edwards	Albion Park	16	2	12-05.5
1500M Walk	Sam Woods	Milton Ulladulla	7	1	10-25.9
	Matthew McDonald	St Georges Basin	83	2	12-42.7
80M Hurdles	Daniel Quinten	Shoalhaven	8	1	14.1
	Cody White	Albion Park	13	2	14.8
	Harrison Stewart	Shoalhaven	9	3	15.2
	Jordan De Vries	St Georges Basin	2	4	17.3
200M Hurdles	Cody White	Albion Park	13	1	33.4
Long Jump	Daniel Quinten	Shoalhaven	8	1	4.91
	Brock Nichols	St Georges Basin	1	2	4.82
	Jack Fowler	Albion Park	103	3	4.48
	Cody White	Albion Park	13	4	4.21
	Jordan De Vries	St Georges Basin	2	5	3.88
	Matthew McDonald	St Georges Basin	83	6	3.41
High Jump	Harrison Stewart	Shoalhaven	9	1	1.40
	Jack Fowler	Albion Park	103	2	1.40
	Brock Nichols	St Georges Basin	1	3	1.30
	Jordan De Vries	St Georges Basin	2	4	1.25
Triple Jump	Harrison Stewart	Shoalhaven	9	1	10.27
	Daniel Quinten	Shoalhaven	8	2	10.24
	Jack Fowler	Albion Park	103	3	9.81
	Brock Nichols	St Georges Basin	1	4	9.40
	Jye Edwards	Albion Park	16	5	8.61

Shot Put	Harrison Stewart	Shoalhaven	9	1	10.10
	Jack Fowler	Albion Park	103	2	8.59
	Daniel Quinten	Shoalhaven	8	3	8.45
	Matthew McDonald	St Georges Basin	83	4	7.13
Discus	Brock Nichols	St Georges Basin	1	1	28.58
	Jordan De Vries	St Georges Basin	2	2	17.66
Javelin	Cody White	Albion Park	13	1	23.27
	Brock Nichols	St Georges Basin	1	2	19.68
	Matthew McDonald	St Georges Basin	83	3	17.39
	Harrison Stewart	Shoalhaven	9	4	16.81

Age Group: U/14 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Jye Brooker	Albion Park	97	1	11.8
	Jacob Barnes	Shoalhaven	50	2	12.6
	Reece McIntosh	Lake Illawarra	118	3	15.6
200M Run	Jye Brooker	Albion Park	97	1	24.7
	Steve Borg	Lake Illawarra	638	2	30.1
400M Run	Jacob Barnes	Shoalhaven	50	1	59.6
	Steve Borg	Lake Illawarra	638	2	1-16.3
800M Run	Jack Fishpool	Shoalhaven	114	1	2-45.3
1500M Run	Cameron Barrett	Albion Park	3	1	5-25.3
	Kurt James Bedford	Albion Park	80	2	5-37.8
	Jack Fishpool	Shoalhaven	114	3	5-52.9
3000M Run	Kurt James Bedford	Albion Park	80	1	13-07.2
	Jack Fishpool	Shoalhaven	114	2	1320-41.0
1500M Walk	Jack Fishpool	Shoalhaven	114	1	9-42.5
90M Hurdles	Jye Brooker	Albion Park	97	1	12.6
	Reece McIntosh	Lake Illawarra	118	2	14.8
200M Hurdles	Jye Brooker	Albion Park	97	1	27.1
	Reece McIntosh	Lake Illawarra	118	2	35.9
Long Jump	Jye Brooker	Albion Park	97	1	5.83
High Jump	Reece McIntosh	Lake Illawarra	118	1	1.40
	Cameron Barrett	Albion Park	3	2	1.40
Triple Jump	Jye Brooker	Albion Park	97	1	11.52
	Reece McIntosh	Lake Illawarra	118	2	9.92
Shot Put	Steve Borg	Lake Illawarra	638	1	12.05
	Jack Fishpool	Shoalhaven	114	2	6.97
Discus	Steve Borg	Lake Illawarra	638	1	32.32
Javelin	Steve Borg	Lake Illawarra	638	1	34.97
	Cameron Barrett	Albion Park	3	2	28.81

Age Group: U/15 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Logan Smith	Lake Illawarra	115	1	12.7
	Hayden Rolls	Lake Illawarra	658	2	13.2
	Joshua Attard	Lake Illawarra	623	3	13.6
	Hayden Rodda	Shoalhaven	1	4	51.2
200M Run	Cody Hutchison	Albion Park	213	1	26.3
	Joshua Attard	Lake Illawarra	623	2	28.8
	Hayden Rodda	Shoalhaven	1	3	1-00.6
400M Run	Joshua Attard	Lake Illawarra	623	1	1-05.7
800M Run	Joshua Attard	Lake Illawarra	623	1	2-30.6
	Cody Hutchison	Albion Park	213	2	2-41.8
1500M Run	Joshua Attard	Lake Illawarra	623	1	5-22.9
3000M Run	Joshua Attard	Lake Illawarra	623	1	11-33.2
1500M Walk	Hayden Rodda	Shoalhaven	1	1	11-27.7
	Cody Hutchison	Albion Park	213	2	13-37.2
100M Hurdles	Hayden Rolls	Lake Illawarra	658	1	15.9
	Joshua Fernandes	Lake Illawarra	2	2	28.8
200M Hurdles	Logan Smith	Lake Illawarra	115	1	28.2
Long Jump	Logan Smith	Lake Illawarra	115	1	5.55
	Hayden Rodda	Shoalhaven	1	2	5.19
	Joshua Fernandes	Lake Illawarra	2	3	4.60
High Jump	Logan Smith	Lake Illawarra	115	1	1.55
	Hayden Rolls	Lake Illawarra	658	2	1.50
	Joshua Fernandes	Lake Illawarra	2	3	1.45
Triple Jump	Logan Smith	Lake Illawarra	115	1	11.17
Shot Put	Hayden Rolls	Lake Illawarra	658	1	11.14
	Joshua Fernandes	Lake Illawarra	2	2	10.95
	Hayden Rodda	Shoalhaven	1	3	4.87
Discus	Joshua Fernandes	Lake Illawarra	2	1	39.64
	Cody Hutchison	Albion Park	213	2	31.90
	Hayden Rolls	Lake Illawarra	658	3	22.28
Javelin	Joshua Fernandes	Lake Illawarra	2	1	31.00
	Hayden Rolls	Lake Illawarra	658	2	27.78
	Hayden Rodda	Shoalhaven	1	3	10.41

Age Group: U/17 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Brodie Leeson	Albion Park	199	1	11.1
	Dean Invernon	Lake Illawarra	674	2	11.4
200M Run	Brodie Leeson	Albion Park	199	1	22.8
200M Hurdles	Dean Invernon	Lake Illawarra	674	1	27.2
Long Jump	Dean Invernon	Lake Illawarra	674	1	2.09

High Jump	Brodie Leeson	Albion Park	199	1	1.62
Triple Jump	Dean Invernon	Lake Illawarra	674	1	12.06
Discus	Dean Invernon	Lake Illawarra	674	1	32.17
110M Hurdles	Dean Invernon	Lake Illawarra	674	1	14.5

Age Group: Junior Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Albion Park	Albion Park	9000	1	57.5
	Milton Ulladulla	Milton Ulladulla	9012	2	1-03.6
	Lake Illawarra	Lake Illawarra	9008	3	1-05.1
	Shoalhaven	Shoalhaven	9016	4	1-05.3
	Kiama	Kiama	9004	5	1-05.9
	St Georges Basin	St Georges Basin	9020	6	1-07.1

Age Group: Senior Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Albion Park	Albion Park	9001	1	49.6
	Lake Illawarra	Lake Illawarra	9009	2	51.6

Age Group: U/7 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Tayleah Handcock	Albion Park	118	1	12.8
	Georgia McAlister	Kiama	41	2	13.9
100M Run	Tayleah Handcock	Albion Park	118	1	17.5
200M Run	Tayleah Handcock	Albion Park	118	1	40.3
	Ruby McPhillips	Albion Park	134	2	43.9
Long Jump	Tayleah Handcock	Albion Park	118	1	3.03
	Ruby McPhillips	Albion Park	134	2	2.66
Shot Put	Ruby McPhillips	Albion Park	134	1	3.60
	Georgia McAlister	Kiama	41	2	2.50
Pack Start	Ruby McPhillips	Albion Park	134	1	2-11.0
	Georgia McAlister	Kiama	41	2	2-18.6

Age Group: U/8 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Emily Quinn	Albion Park	28	1	12.3
	Paris Rodriguez	St Georges Basin	75	2	12.5
	Ryleigh Johnson	Albion Park	108	3	12.9
	Jaida Price	Sussex Inlet	68	4	13.6
100M Run	Emily Quinn	Albion Park	28	1	17.2
	Madi Singleton	Lake Illawarra	69	2	17.6
	Ella Patterson	Kiama	79	3	17.7
	Shari Matos	Lake Illawarra	620	4	17.9
	Paris Rodriguez	St Georges Basin	75	5	18.0
	Ella Cleal-Cook	Kiama	2	6	18.9
	Ryleigh Johnson	Albion Park	108	6	18.9
	Isabelle Cramp-Miller	Kiama	159	8	20.7

200M Run	Emily Quinn	Albion Park	28	1	36.2
	Madaline Woods	Milton Ulladulla	1	2	39.4
	Jaida Price	Sussex Inlet	68	3	41.3
	Daisy Pring	Kiama	204	4	44.0
	Tegan McKay	St Georges Basin	7	5	46.4
400M Run	Madaline Woods	Milton Ulladulla	1	1	1-34.4
	Shari Matos	Lake Illawarra	620	2	1-35.6
	Ella Patterson	Kiama	79	3	1-36.2
	Madi Singleton	Lake Illawarra	69	3	1-36.2
	Tegan McKay	St Georges Basin	7	5	1-45.8
60M Hurdles	Emily Quinn	Albion Park	28	1	12.8
	Madi Singleton	Lake Illawarra	69	2	13.0
	Shari Matos	Lake Illawarra	620	3	13.1
	Ella Patterson	Kiama	79	4	14.2
	Ella Cleal-Cook	Kiama	2	4	14.2
	Daisy Pring	Kiama	204	6	14.6
	Paris Rodriguez	St Georges Basin	75	7	15.2
Long Jump	Paris Rodriguez	St Georges Basin	75	1	2.89
	Ella Patterson	Kiama	79	2	2.88
	Madi Singleton	Lake Illawarra	69	3	2.81
	Ella Cleal-Cook	Kiama	2	4	2.78
	Madaline Woods	Milton Ulladulla	1	5	2.74
	Ryleigh Johnson	Albion Park	108	6	2.62
	Shari Matos	Lake Illawarra	620	7	2.62
	Daisy Pring	Kiama	204	8	2.52
	Tegan McKay	St Georges Basin	7	9	2.23
	Isabelle Cramp-Miller	Kiama	159	10	2.20
Shot Put	Isabelle Cramp-Miller	Kiama	159	1	3.60
Discus	Ella Cleal-Cook	Kiama	2	1	10.13
	Isabelle Cramp-Miller	Kiama	159	2	7.33
	Daisy Pring	Kiama	204	3	6.52
Pack Start	Madaline Woods	Milton Ulladulla	1	1	2-55.6
	Ryleigh Johnson	Albion Park	108	2	3-05.7
	Tegan McKay	St Georges Basin	7	3	3-19.2
	Jaida Price	Sussex Inlet	68	4	3-26.1

Age Group: U/9 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Taylah Vella	Albion Park	99	1	11.3
	Bronte Trew	Shoalhaven	241	2	11.5
	Mykenna Collier	Albion Park	227	3	11.7
	Tilhaney Grainger	Shoalhaven	239	4	11.8
	Leticia Valentine	Lake Illawarra	652	5	11.9
	Kaylah Reith-Smith	St Georges Basin	29	6	12.4
	Jennifer Kocovski	Lake Illawarra	136	7	12.5
	Piper Lucas	Albion Park	200	8	12.7
100M Run	Taylah Vella	Albion Park	99	1	15.6
	Kiara Drake	Albion Park	4	2	16.4
	Bronte Trew	Shoalhaven	241	3	16.6
	Tilhaney Grainger	Shoalhaven	239	4	16.9
	Keele Browne	Milton Ulladulla	50	5	17.5
	Luka Reents	Milton Ulladulla	59	6	17.9
	Jessica Holland	Lake Illawarra	97	7	20.8

200M Run	Lauren Johnson	Albion Park	109	1	32.7
	Taylah Vella	Albion Park	99	2	34.6
	Bronte Trew	Shoalhaven	241	3	35.3
	Charlotte Bett	Kiama	24	4	36.0
	Leticia Valentine	Lake Illawarra	652	5	36.9
	Kaylah Reith-Smith	St Georges Basin	29	6	38.3
	Piper Lucas	Albion Park	200	7	38.7
	Jennifer Kocovski	Lake Illawarra	136	8	39.0
400M Run	Charlotte Bett	Kiama	24	1	1-21.9
	Gabrielle Marriott	Lake Illawarra	99	2	1-25.4
	Bronte Trew	Shoalhaven	241	3	1-27.8
	Luka Reents	Milton Ulladulla	59	4	1-31.1
	Tara Mustapic	Albion Park	17	5	1-32.2
	Keele Browne	Milton Ulladulla	50	6	1-36.4
	Jessica Holland	Lake Illawarra	97	7	1-57.7
800M Run	Charlotte Bett	Kiama	24	1	3-09.7
	Gabrielle Marriott	Lake Illawarra	99	2	3-19.5
	Tara Mustapic	Albion Park	17	3	3-26.8
	Kiara Drake	Albion Park	4	4	3-27.4
	Piper Lucas	Albion Park	200	5	3-33.0
	Jennifer Kocovski	Lake Illawarra	136	6	3-39.7
	Jessica Holland	Lake Illawarra	97	7	4-28.6
700M Walk	Maguire Page	Kiama	44	1	5-01.4
	Zoe Seitaridis	Lake Illawarra	171	2	5-22.1
	Gabrielle Marriott	Lake Illawarra	99	3	5-41.2
	Tara Mustapic	Albion Park	17	4	6-02.3
60M Hurdles	Lauren Johnson	Albion Park	109	1	11.4
	Tilhaney Grainger	Shoalhaven	239	2	12.1
	Charlotte Bett	Kiama	24	3	12.2
	Keele Browne	Milton Ulladulla	50	4	12.4
	Luka Reents	Milton Ulladulla	59	5	12.4
	Leticia Valentine	Lake Illawarra	652	6	13.3
	Tara Mustapic	Albion Park	17	7	13.3
	Maguire Page	Kiama	44	8	15.2
Long Jump	Lauren Johnson	Albion Park	109	1	3.56
	Taylah Vella	Albion Park	99	2	3.37
	Tilhaney Grainger	Shoalhaven	239	3	3.35
	Mykenna Collier	Albion Park	227	4	3.09
	Kiara Drake	Albion Park	4	5	3.04
	Kaylah Reith-Smith	St Georges Basin	29	6	2.91
	Piper Lucas	Albion Park	200	7	2.48
	Jennifer Kocovski	Lake Illawarra	136	8	2.47
	Jessica Holland	Lake Illawarra	97	9	2.43
High Jump	Lauren Johnson	Albion Park	109	1	1.05
	Mykenna Collier	Albion Park	227	2	1.05
	Luka Reents	Milton Ulladulla	59	3	1.00
	Kiara Drake	Albion Park	4	4	1.00
	Isabella Dalli	Kiama	32	5	.95
	Sage Kendall	Lake Illawarra	155	6	.85
Shot Put	Zoe Seitaridis	Lake Illawarra	171	1	5.04
	Maguire Page	Kiama	44	2	3.92
	Isabella Dalli	Kiama	32	3	3.92
	Sage Kendall	Lake Illawarra	155	4	3.39

Discus	Zoe Seitaridis	Lake Illawarra	171	1	15.20
	Gabrielle Marriott	Lake Illawarra	99	2	11.63
	Maguire Page	Kiama	44	3	10.36
	Kaylah Reith-Smith	St Georges Basin	29	4	9.91

Age Group: U/10 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Emily Bradstock	Shoalhaven	37	1	11.5
	Jenna Bentley	Albion Park	143	2	12.0
	Emma McDonald	St Georges Basin	42	3	12.1
100M Run	Jenna Bentley	Albion Park	143	1	15.6
	Sharlie Hind-Langwade	St Georges Basin	59	2	15.8
	Emma McDonald	St Georges Basin	42	3	16.9
	Elissa Hayman	Lake Illawarra	678	4	17.2
	Emma Hutchison	Lake Illawarra	132	5	18.3
	Hayley Waine	Lake Illawarra	10	6	20.4
200M Run	Jade Mustapic	Albion Park	117	1	32.2
	Carla Crapis	Albion Park	49	2	33.1
	Emily Bradstock	Shoalhaven	37	3	33.5
	Sharlie Hind-Langwade	St Georges Basin	59	4	33.7
	Jenna Bentley	Albion Park	143	5	35.2
	Elissa Hayman	Lake Illawarra	678	6	37.7
400M Run	Shenay Edwards	Albion Park	10	1	1-12.9
	Jade Mustapic	Albion Park	117	2	1-17.1
	Carla Crapis	Albion Park	49	3	1-20.4
	Sharlie Hind-Langwade	St Georges Basin	59	4	1-25.9
800M Run	Shenay Edwards	Albion Park	10	1	2-51.3
	Jade Mustapic	Albion Park	117	2	2-59.8
	Carla Crapis	Albion Park	49	3	3-05.4
	Sharlie Hind-Langwade	St Georges Basin	59	4	3-18.2
	Elissa Hayman	Lake Illawarra	678	5	3-38.0
1500M Run	Shenay Edwards	Albion Park	10	1	6-00.2
	Carla Crapis	Albion Park	49	2	6-08.1
	Elissa Hayman	Lake Illawarra	678	3	6-51.0
1100M Walk	Hollie Rawiri-Gentle	Lake Illawarra	26	1	8-00.9
	Caitlin Grantham	Lake Illawarra	6	2	8-49.3
	Emma Hutchison	Lake Illawarra	132	3	9-39.1
	Ciarne Valentine	Lake Illawarra	651	4	9-46.6
60M Hurdles	Shenay Edwards	Albion Park	10	1	11.1
	Hollie Rawiri-Gentle	Lake Illawarra	26	2	11.8
	Jenna Bentley	Albion Park	143	3	12.3
	Ebony Johnson	Shoalhaven	22	4	12.3
	Emma McDonald	St Georges Basin	42	5	13.4
	Caitlin Grantham	Lake Illawarra	6	6	13.6
	Juliana Avtarovski	Kiama	134	7	30.0
Long Jump	Hollie Rawiri-Gentle	Lake Illawarra	26	1	4.08
	Jade Mustapic	Albion Park	117	2	3.72
	Ebony Johnson	Shoalhaven	22	3	3.60
	Emma McDonald	St Georges Basin	42	4	3.21
	Hayley Waine	Lake Illawarra	10	5	2.39
High Jump	Hollie Rawiri-Gentle	Lake Illawarra	26	1	1.20
	Emily Bradstock	Shoalhaven	37	2	.95

Shot Put	Annette Peace	Shoalhaven	15	1	7.34
	Ebony Johnson	Shoalhaven	22	2	5.83
	Ciarne Valentine	Lake Illawarra	651	3	5.83
	Caitlin Grantham	Lake Illawarra	6	4	5.34
	Hayley Waine	Lake Illawarra	10	5	4.97
	Emma Hutchison	Lake Illawarra	132	6	4.80
Discus	Annette Peace	Shoalhaven	15	1	22.12
	Ebony Johnson	Shoalhaven	22	2	15.02
	Caitlin Grantham	Lake Illawarra	6	3	14.18
	Ciarne Valentine	Lake Illawarra	651	4	13.23
	Emma Hutchison	Lake Illawarra	132	5	12.01
	Hayley Waine	Lake Illawarra	10	6	11.63

Age Group: U/11 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Georgia McEwan	Lake Illawarra	631	1	14.3
	Danika Matos	Lake Illawarra	619	2	14.8
	Layne Jones	Shoalhaven	14	3	14.9
	Kiara White	Albion Park	11	4	15.1
	Harlie Singleton	Lake Illawarra	68	5	15.8
	Melanie Browne	Milton Ulladulla	51	6	18.0
200M Run	Georgia McEwan	Lake Illawarra	631	1	29.3
	Layne Jones	Shoalhaven	14	2	30.7
	Kiara White	Albion Park	11	3	31.1
400M Run	Danika Matos	Lake Illawarra	619	1	1-14.3
	Layne Jones	Shoalhaven	14	2	1-17.2
	Shayla Szakacs	Albion Park	8	3	1-17.8
	Melanie Browne	Milton Ulladulla	51	4	1-38.3
800M Run	Shayla Szakacs	Albion Park	8	1	2-54.7
1500M Run	Shayla Szakacs	Albion Park	8	1	5-40.8
	Layne Jones	Shoalhaven	14	2	6-06.9
1100M Walk	Shaye-Lee Frier	Lake Illawarra	35	1	7-50.9
	Ellie Hemingway	Lake Illawarra	3	2	9-09.8
60M Hurdles	Georgia McEwan	Lake Illawarra	631	1	10.7
	Kiara White	Albion Park	11	2	11.6
	Danika Matos	Lake Illawarra	619	3	12.1
	Melanie Browne	Milton Ulladulla	51	4	14.3
	Shanowa Kendall	Lake Illawarra	154	5	14.5
Long Jump	Georgia McEwan	Lake Illawarra	631	1	4.25
	Kiara White	Albion Park	11	2	3.94
	Katelyn Harmer	St Georges Basin	18	3	2.78
High Jump	Shaye-Lee Frier	Lake Illawarra	35	1	1.15
	Danika Matos	Lake Illawarra	619	2	1.10
	Shanowa Kendall	Lake Illawarra	154	3	1.05
Triple Jump	Katelyn Harmer	St Georges Basin	18	1	5.30
Shot Put	Shaye-Lee Frier	Lake Illawarra	35	1	8.18
	Katelyn Harmer	St Georges Basin	18	2	6.16
	Harlie Singleton	Lake Illawarra	68	3	4.13
Discus	Shaye-Lee Frier	Lake Illawarra	35	1	21.61
	Katelyn Harmer	St Georges Basin	18	2	13.26

Age Group: U/12 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Casey-Lee Bedford	Albion Park	15	1	14.0
	Ruby Reents	Milton Ulladulla	58	2	14.2
	Jessica Green	Albion Park	37	3	14.4
	Emily Power	St Georges Basin	67	4	14.9
	Jasmin Douglass	Shoalhaven	178	5	15.1
	Kate Brennan	Milton Ulladulla	64	6	15.5
	Linzi DeSousa	Lake Illawarra	40	7	15.7
	Paris Caton	Albion Park	83	8	16.6
200M Run	Casey-Lee Bedford	Albion Park	15	1	29.4
	Jessica Green	Albion Park	37	2	30.6
	Erin Dalley	Albion Park	44	3	30.9
	Kate Brennan	Milton Ulladulla	64	4	32.5
	Naomi Robinson	Kiama	33	5	50.8
400M Run	Breanna Payne	Albion Park	9	1	1-09.5
	Jessica Green	Albion Park	37	2	1-12.3
	Erin Dalley	Albion Park	44	3	1-12.5
	Ruby Reents	Milton Ulladulla	58	4	1-12.6
	Linzi DeSousa	Lake Illawarra	40	5	1-14.6
800M Run	Breanna Payne	Albion Park	9	1	2-52.3
	Erin Dalley	Albion Park	44	2	3-14.2
1500M Run	Jasmin Douglass	Shoalhaven	178	1	6-35.0
	April Rodda	Shoalhaven	18	2	6-53.7
	Monica Gomes	Lake Illawarra	42	3	6-56.4
1500M Walk	April Rodda	Shoalhaven	18	1	10-41.5
	Belinda Carrasco	Lake Illawarra	36	2	11-02.5
	Monica Gomes	Lake Illawarra	42	3	11-31.7
	Molly Fishpool	Shoalhaven	20	4	13-25.7
	Sonja Rodda	Shoalhaven	42	5	14-51.1
60M Hurdles	Celeste Sulerzyski	Albion Park	162	1	10.8
	Ruby Reents	Milton Ulladulla	58	2	10.8
	Casey-Lee Bedford	Albion Park	15	3	10.9
	Kate Brennan	Milton Ulladulla	64	4	12.4
	Linzi DeSousa	Lake Illawarra	40	5	12.4
	Jasmin Douglass	Shoalhaven	178	6	12.4
	Chloe Stuckey	Shoalhaven	19	7	13.5
Long Jump	Celeste Sulerzyski	Albion Park	162	1	4.16
	Emily Power	St Georges Basin	67	2	4.15
	Ruby Reents	Milton Ulladulla	58	3	4.12
	Jessica Green	Albion Park	37	4	3.67
	Kate Brennan	Milton Ulladulla	64	5	3.61
	Linzi DeSousa	Lake Illawarra	40	6	3.54
	April Rodda	Shoalhaven	18	7	3.43
	Monica Gomes	Lake Illawarra	42	8	3.35
High Jump	Celeste Sulerzyski	Albion Park	162	1	1.40
	Chloe Stuckey	Shoalhaven	19	2	1.30
Triple Jump	Celeste Sulerzyski	Albion Park	162	1	8.34
	Emily Power	St Georges Basin	67	2	8.33
	April Rodda	Shoalhaven	18	3	7.41
	Chloe Stuckey	Shoalhaven	19	4	7.34
	Monica Gomes	Lake Illawarra	42	5	7.14
	Erin McKay	St Georges Basin	11	6	6.15

Shot Put	Samantha Peace	Shoalhaven	13	1	11.95
	Belinda Carrasco	Lake Illawarra	36	2	9.08
	Emily Power	St Georges Basin	67	3	7.81
	Molly Fishpool	Shoalhaven	20	4	7.47
	Paris Caton	Albion Park	83	5	6.74
	Sonja Rodda	Shoalhaven	42	6	6.14
	Naomi Robinson	Kiama	33	7	3.66
Discus	Samantha Peace	Shoalhaven	13	1	33.96
	Belinda Carrasco	Lake Illawarra	36	2	23.62
	Sonja Rodda	Shoalhaven	42	3	15.88
	Chloe Stuckey	Shoalhaven	19	4	15.53
	Erin Dalley	Albion Park	44	5	14.93
	Erin McKay	St Georges Basin	11	6	14.14
	Jasmin Douglass	Shoalhaven	178	7	13.55
	Molly Fishpool	Shoalhaven	20	8	12.52
	Paris Caton	Albion Park	83	9	11.09
	Naomi Robinson	Kiama	33	10	3.48
Javelin	Belinda Carrasco	Lake Illawarra	36	1	22.30
	Samantha Peace	Shoalhaven	13	2	21.45
	Casey-Lee Bedford	Albion Park	15	3	20.18
	Sonja Rodda	Shoalhaven	42	4	9.43

Age Group: U/13 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Emily Pickering	St Georges Basin	45	1	13.7
	Emily Fraser	Lake Illawarra	73	2	14.1
	Charlotte Gordon	Albion Park	168	3	14.2
	Dominique Ivanov	Lake Illawarra	74	4	14.3
	Sarah Gomes	Lake Illawarra	50	4	14.3
	Rylee Lawrence	Lake Illawarra	34	6	17.2
200M Run	Bridget Kellett	Shoalhaven	10	1	29.0
	Emily Pickering	St Georges Basin	45	2	29.2
	Charlotte Gordon	Albion Park	168	3	29.4
	Emily Fraser	Lake Illawarra	73	4	29.7
	Krystal Sullivan	Albion Park	192	5	32.6
	Bridie Lucas	Albion Park	204	6	33.7
	Audrey Pring	Kiama	203	7	42.4
400M Run	Susie Seitaridis	Lake Illawarra	169	1	1-04.0
	Emily Pickering	St Georges Basin	45	2	1-08.8
	Audrey Pring	Kiama	203	3	1-12.1
	Emily Fraser	Lake Illawarra	73	4	1-13.1
800M Run	Susie Seitaridis	Lake Illawarra	169	1	2-29.0
	Charlotte Gordon	Albion Park	168	2	2-59.9
	Kaitlyn Hush	Shoalhaven	17	3	3-18.5
	Bridie Lucas	Albion Park	204	4	3-34.9
1500M Run	Bridget Kellett	Shoalhaven	10	1	5-53.4
	Audrey Pring	Kiama	203	2	5-56.3
	Charlotte Gordon	Albion Park	168	3	6-10.1
	Kaitlyn Hush	Shoalhaven	17	4	7-21.2
3000M Run	Bridget Kellett	Shoalhaven	10	1	13-30.0
	Audrey Pring	Kiama	203	2	13-46.7
	Sarah Gomes	Lake Illawarra	50	3	14-02.7
	Krystal Sullivan	Albion Park	192	4	17-10.4
	Kaitlyn Hush	Shoalhaven	17	5	17-16.6

1500M Walk	Lucy Marron	Shoalhaven	11	1	9-45.9
	India Jardim	Lake Illawarra	53	2	10-07.7
	Sarah Gomes	Lake Illawarra	50	3	11-16.5
	Kaitlyn Hush	Shoalhaven	17	4	11-26.1
80M Hurdles	Susie Seitaridis	Lake Illawarra	169	1	12.6
	Dominique Ivanov	Lake Illawarra	74	2	13.5
	Olivia-Rose McEwan	Lake Illawarra	630	3	13.8
	Emily Fraser	Lake Illawarra	73	4	14.3
	Kristen Turvey	Albion Park	166	5	15.2
	Rideika Wright	Albion Park	33	6	16.8
200M Hurdles	Emily Fraser	Lake Illawarra	73	1	33.0
	Kristen Turvey	Albion Park	166	2	34.5
	Dominique Ivanov	Lake Illawarra	74	3	35.2
Long Jump	Emily Pickering	St Georges Basin	45	1	4.45
	Sarah Gomes	Lake Illawarra	50	2	4.13
	Kristen Turvey	Albion Park	166	3	4.13
	Lucy Marron	Shoalhaven	11	4	3.99
	Dominique Ivanov	Lake Illawarra	74	5	3.61
	Charlotte Gordon	Albion Park	168	6	3.14
	Rylee Lawrence	Lake Illawarra	34	7	3.00
High Jump	Lucy Marron	Shoalhaven	11	1	1.35
	Olivia-Rose McEwan	Lake Illawarra	630	2	1.25
	India Jardim	Lake Illawarra	53	2	1.25
Triple Jump	Susie Seitaridis	Lake Illawarra	169	1	9.88
	Kristen Turvey	Albion Park	166	2	8.96
	Emily Pickering	St Georges Basin	45	3	8.78
	Dominique Ivanov	Lake Illawarra	74	4	8.53
	Sarah Gomes	Lake Illawarra	50	5	8.42
	India Jardim	Lake Illawarra	53	6	8.18
	Charlotte Gordon	Albion Park	168	7	8.10
Shot Put	Taylor Hegarty	Albion Park	209	1	8.01
	Krystal Sullivan	Albion Park	192	2	7.26
	Kristen Turvey	Albion Park	166	3	7.10
	Emily Fraser	Lake Illawarra	73	4	6.87
	India Jardim	Lake Illawarra	53	5	6.27
	Olivia-Rose McEwan	Lake Illawarra	630	6	6.05
	Kaitlyn Hush	Shoalhaven	17	7	5.71
	Rylee Lawrence	Lake Illawarra	34	8	5.04
Discus	Susie Seitaridis	Lake Illawarra	169	1	31.15
	Olivia-Rose McEwan	Lake Illawarra	630	2	25.72
	India Jardim	Lake Illawarra	53	3	23.05
	Kristen Turvey	Albion Park	166	4	21.02
	Taylor Hegarty	Albion Park	209	5	17.16
	Rylee Lawrence	Lake Illawarra	34	6	16.49
	Kaitlyn Hush	Shoalhaven	17	7	14.81
Javelin	Susie Seitaridis	Lake Illawarra	169	1	27.79
	Olivia-Rose McEwan	Lake Illawarra	630	2	22.53
	Krystal Sullivan	Albion Park	192	3	20.01
	India Jardim	Lake Illawarra	53	4	14.60

Age Group: U/14 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Niamh Frawley	Shoalhaven	6	1	13.8
	Casey Sullivan	Albion Park	193	2	14.7
	Darcy Brown	Lake Illawarra	14	3	14.9
	Kristy Payne	Albion Park	19	4	15.0
200M Run	Niamh Frawley	Shoalhaven	6	1	28.0
	Larni Cowgill	Kiama	12	2	28.3
	Casey Sullivan	Albion Park	193	3	30.9
	Darcy Brown	Lake Illawarra	14	4	31.8
	Lauren Shaw	Shoalhaven	244	5	33.9
800M Run	Jessica Hull	Albion Park	40	1	2-29.0
	Taylah Henning	Shoalhaven	7	2	2-51.7
1500M Run	Jessica Hull	Albion Park	40	1	5-06.5
	Taylah Henning	Shoalhaven	7	2	5-45.4
	Casey Jones	Shoalhaven	16	3	5-50.2
	Ebonie Lynch	Kiama	3	4	8-04.2
3000M Run	Jessica Hull	Albion Park	40	1	11-02.9
	Casey Jones	Shoalhaven	16	2	12-51.3
	Taylah Henning	Shoalhaven	7	3	12-56.6
1500M Walk	Darcy Brown	Lake Illawarra	14	1	9-20.5
	Taylah Henning	Shoalhaven	7	2	9-26.2
80M Hurdles	Larni Cowgill	Kiama	12	1	14.1
	Casey Sullivan	Albion Park	193	2	17.5
200M Hurdles	Ebonie Lynch	Kiama	3	1	40.5
Long Jump	Niamh Frawley	Shoalhaven	6	1	4.62
	Casey Sullivan	Albion Park	193	2	4.19
	Codee Holman	St Georges Basin	44	3	4.12
	Darcy Brown	Lake Illawarra	14	4	4.09
	Lauren Shaw	Shoalhaven	244	5	3.95
	Ebonie Lynch	Kiama	3	6	3.71
High Jump	Larni Cowgill	Kiama	12	1	1.55
	Niamh Frawley	Shoalhaven	6	2	1.40
	Lauren Shaw	Shoalhaven	244	3	1.30
Triple Jump	Larni Cowgill	Kiama	12	1	10.85
	Niamh Frawley	Shoalhaven	6	2	9.58
	Lauren Shaw	Shoalhaven	244	3	8.60
Shot Put	Alysia Gardner	Albion Park	43	1	8.62
	Codee Holman	St Georges Basin	44	2	8.53
	Kristy Payne	Albion Park	19	3	7.10
	Darcy Brown	Lake Illawarra	14	4	5.76
Discus	Alysia Gardner	Albion Park	43	1	27.69
	Niamh Frawley	Shoalhaven	6	2	21.08
	Codee Holman	St Georges Basin	44	3	17.68
	Lauren Shaw	Shoalhaven	244	4	16.04
Javelin	Kristy Payne	Albion Park	19	1	15.89
	Codee Holman	St Georges Basin	44	2	15.19
	Alysia Gardner	Albion Park	43	3	13.47
	Lauren Shaw	Shoalhaven	244	4	12.73

Age Group: U/15 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Riana Drake	Albion Park	222	1	12.9
	Rowenn Turvey	Albion Park	167	2	13.1
	Kathryn Karp	Lake Illawarra	5	3	15.1
	Natahsa Komninos	Lake Illawarra	1	4	15.2
	Alison McDonald	St Georges Basin	77	5	16.2
200M Run	Riana Drake	Albion Park	222	1	27.3
	Rowenn Turvey	Albion Park	167	2	27.8
	Zoe Hodgekiss-Gargett	Albion Park	172	3	31.0
	Natahsa Komninos	Lake Illawarra	1	4	33.3
	Alison McDonald	St Georges Basin	77	5	36.0
400M Run	Riana Drake	Albion Park	222	1	1-04.7
800M Run	Ashleigh Carter	Albion Park	122	1	3-02.2
	Amy Hemingway	Lake Illawarra	7	2	3-29.5
	Kyrah Hush	Shoalhaven	5	3	3-32.4
1500M Run	Ashleigh Carter	Albion Park	122	1	6-09.5
3000M Run	Ashleigh Carter	Albion Park	122	1	14-24.5
1500M Walk	Amy Hemingway	Lake Illawarra	7	1	9-56.2
	Natahsa Komninos	Lake Illawarra	1	2	10-25.9
	Alison McDonald	St Georges Basin	77	3	13-33.4
90M Hurdles	Lacey Bruce	Shoalhaven	3	1	14.2
	Rowenn Turvey	Albion Park	167	2	15.9
	Zoe Hodgekiss-Gargett	Albion Park	172	3	16.7
200M Hurdles	Lacey Bruce	Shoalhaven	3	1	31.9
	Zoe Hodgekiss-Gargett	Albion Park	172	2	35.2
	Natahsa Komninos	Lake Illawarra	1	3	54.1
Long Jump	Lacey Bruce	Shoalhaven	3	1	5.07
	Rowenn Turvey	Albion Park	167	2	4.96
	Zoe Hodgekiss-Gargett	Albion Park	172	3	4.22
	Megan Blunden	Albion Park	220	4	4.21
	Kathryn Karp	Lake Illawarra	5	5	3.97
	Jakara Gamble	Lake Illawarra	28	6	3.46
	Alison McDonald	St Georges Basin	77	7	3.28
	Amy Hemingway	Lake Illawarra	7	8	3.02
High Jump	Rowenn Turvey	Albion Park	167	1	1.45
	Kathryn Karp	Lake Illawarra	5	2	1.30
	Jakara Gamble	Lake Illawarra	28	3	1.25
	Lacey Bruce	Shoalhaven	3	4	1.20
Triple Jump	Lacey Bruce	Shoalhaven	3	1	10.94
	Rowenn Turvey	Albion Park	167	2	10.10
	Zoe Hodgekiss-Gargett	Albion Park	172	3	8.89
	Megan Blunden	Albion Park	220	4	8.48
	Kathryn Karp	Lake Illawarra	5	5	7.85
	Jakara Gamble	Lake Illawarra	28	6	7.33

Shot Put	Zoe Hodgekiss-Gargett	Albion Park	172	1	9.90
	Alyssa Edwards	Shoalhaven	2	2	9.76
	Kyrah Hush	Shoalhaven	5	3	9.28
	Alison McDonald	St Georges Basin	77	4	6.36
	Jakara Gamble	Lake Illawarra	28	5	6.00
	Amy Hemingway	Lake Illawarra	7	6	5.65
Discus	Alyssa Edwards	Shoalhaven	2	1	27.68
	Lacey Bruce	Shoalhaven	3	2	24.95
	Kyrah Hush	Shoalhaven	5	3	22.37
	Jakara Gamble	Lake Illawarra	28	4	16.82
Javelin	Alyssa Edwards	Shoalhaven	2	1	22.48
	Kyrah Hush	Shoalhaven	5	2	21.43
	Kathryn Karp	Lake Illawarra	5	3	19.42
	Natahsa Komninos	Lake Illawarra	1	4	14.68

Age Group: U/17 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Karra-Lee Nolan	Lake Illawarra	23	1	13.6
	Alice Hewitt	Kiama	125	2	13.9
	Emily Debrot	Albion Park	105	3	14.1
	Danika Heron	Shoalhaven	181	4	14.3
200M Run	Alice Hewitt	Kiama	125	1	28.8
	Karra-Lee Nolan	Lake Illawarra	23	2	29.8
	Danika Heron	Shoalhaven	181	3	30.4
800M Run	Tori Jones	Shoalhaven	190	1	2-53.1
1500M Run	Tori Jones	Shoalhaven	190	1	5-50.8
3000M Run	Tori Jones	Shoalhaven	190	1	12-51.7
1500M Walk	Emily Warden	Shoalhaven	27	1	8-29.3
100M Hurdles	Karra-Lee Nolan	Lake Illawarra	23	1	17.9
	April Sullivan	Albion Park	194	2	18.1
	Alice Hewitt	Kiama	125	3	18.8
	Emily Robinson	Kiama	34	4	21.4
200M Hurdles	Alice Hewitt	Kiama	125	1	32.1
	Emily Warden	Shoalhaven	27	2	36.2
	Karra-Lee Nolan	Lake Illawarra	23	3	39.2
Long Jump	Danika Heron	Shoalhaven	181	1	4.77
	Karra-Lee Nolan	Lake Illawarra	23	2	4.49
	Emily Warden	Shoalhaven	27	3	4.34
	Emily Robinson	Kiama	34	4	4.20
Triple Jump	Danika Heron	Shoalhaven	181	1	9.16
	April Sullivan	Albion Park	194	2	8.86
	Emily Robinson	Kiama	34	3	8.55
Shot Put	Rachelle Grozde	Albion Park	1	1	11.97
	Danika Heron	Shoalhaven	181	2	8.43
	Karra-Lee Nolan	Lake Illawarra	23	3	7.85
	Emily Warden	Shoalhaven	27	4	7.81
	Emily Robinson	Kiama	34	5	7.18
	April Sullivan	Albion Park	194	6	6.98

Discus	Rachelle Grozde	Albion Park	1	1	37.59
	Emily Debrot	Albion Park	105	2	31.15
	Emily Warden	Shoalhaven	27	3	25.91
	Emily Robinson	Kiama	34	4	18.41
Javelin	Rachelle Grozde	Albion Park	1	1	34.02
	Emily Warden	Shoalhaven	27	2	31.94
	Emily Debrot	Albion Park	105	3	31.90
	Emily Robinson	Kiama	34	4	21.51

Age Group: Junior Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Albion Park	Albion Park	9002	1	1-03.1
	Lake Illawarra	Lake Illawarra	9010	2	1-04.3

Age Group: Senior Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Shoalhaven	Shoalhaven	9019	1	55.3
	Albion Park	Albion Park	9003	2	56.3
	Lake Illawarra	Lake Illawarra	9011	3	56.6