

REGION 4 CHAMPIONSHIPS INFORMATION

Not that anyone is counting but there is one month to go until the Region 4 Championships.

CHAMPIONSHIPS INFORMATION

For these Championships there are a few things that everyone needs to be aware of with regards to how these Championships are to be run.

1. The Region 4 Championships will be a 2-day Timed Carnival.
2. Carnival Time.
3. Javelin events will be conducted as per the 2-day program – Saturday and Sunday.
4. Field Events will not necessarily be run in the Event No. order.
5. There will be a brief lunch break (20 minutes) for track but no designated break for Field events.
6. Timing for Hurdles includes time to move and alter hurdles.
7. Track Event Order
8. Combining Track Events
9. As has been the case in previous years, any event track event that goes from heats to a straight final will be run at the time designated for heats. This messes with the timing of the program but unfortunately, there is nothing that can be done about that.
10. Starting Blocks

1. Timed Carnival

All events will be listed in the program with the time at which athletes are to attend the relevant Marshalling area and the time at which the event is to start. The Marshalling areas have also been given a time by which the athletes have to be at the event area.

Athletes who arrive late do run the risk of missing their events. That will be there fault not the officials.

2. Carnival Time

Just so that there is no mistake as to what is the time with regards to even timing, there will be a large electric digital clock on display at the Information Officer's Tent. This will be the time by which two other clocks, one at each of the Marshalling Tents will be set. If someone does not get to the track marshalling area because there watch is wrong or different to the time by which the carnival is running that will be their problem.

3. Javelin Events

On the Saturday, the Javelin Events will not start until the High Jump and the Discus events have finished. There will be 2 Javelin areas in operation at the same time, one at the northern end of the ground and one at the southern end.

On the Sunday, the Javelin events will start at the same time as the other field events and will be conducted at the grounds north of the Track, outside the fence.

4. Field Event Order

In setting up the program to minimise delays at Field Events, especially on the Sunday, events will not necessarily be run in event number order. This unfortunately has occurred because of the event combinations that athletes have entered.

An example of this is the Javelin on Sunday. The first Javelin event is actually event 83, which, if the events were to be conducted in event order, would be the 3rd event.

The way that the Field Events are listed the program, is not the same as the Association presents the events. I have attached a copy of both the Saturday and the Sunday Program so that you better understand what I am talking about.

5. Track Lunch Break

This has been included in the timing of the Championships, will be advised to officials but not listed in the program as such.

6. Hurdles Time Allowances

In developing the timing for the track program allowances have been included for changing hurdles heights, different hurdles events and the placing hurdles on the track and their removal. Again, those that need to know will be given the times, those who don't need to know will probably work it out anyway.

7. Track Event Order

Track Events will be run in event number order.

8. Combining Track Events

There will be a number of distance events (1500m, Walks and 3000m) that will be combined to reduce the time for the Championships and to try to have up to 16 athletes on the track at any time. The events that are to be combined will have the same time that athletes have to report to Marshalling.

9. Heats to Straight Finals

Where a laned track event listed to have more than 8 athletes has only 8 or less athletes attend the Track Marshalling area then the event will become a straight Final, run at that time.

10. Starting Blocks

Starting Blocks will be provided at the track for use by athletes (Under 11's and older). Athletes in the Under 10's and younger cannot wear spikes and therefore cannot use starting blocks.

OFFICIATING

Attached is the list of Chiefs and Referees that I am aware of at the moment. If you have other Chiefs or Referees that would be willing to act in that capacity over the weekend, could you please advise me as soon as possible.

Attached also are blank forms for notifying the centres that will be officiating for your Zone on Saturday and Sunday. Could you please list the Centres that will be officiating at each event and forward that information to me as soon as possible.

It would be great if this was provided at least 7 days before the carnival.

ANYTHING ELSE?

If there is anything else that I have forgotten, or you need to know, please send me an E-Mail or give me a call.

Feel free to send this to your Centres so that they are completely aware of how the carnival is running, especially the Field Events.

Allan Johnson
Region 4 Coordinator