

Lake Illawarra Little Athletics Assoc. Inc.

October Carnival



Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 13th October 2013

Time: Carnival Starts 9:00am (Late Entries Taken From 8:00am and throughout the Day).

Entry Fee: U/6 to OPENS: \$4-00 Per Event (or 6 Events per athlete \$20.00) **Tiny Tots:** \$10.00 per athlete (All Tiny Tots Receive an Award)

Late Entry Fee: (U/6 to OPENS): \$6-00 Per Event (or 6 Events per athlete \$30.00) **Tiny Tots:** \$15.00 per athlete

Awards: Medals for 1st, 2nd and 3rd Placing's In All Events, Participation Ribbons for all other athletes

Pre Carnival Entry Closing Date: Postal Entries Close Wednesday 9th October 2013, Online Entries close Friday 11th October 2013.

All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered.

There is no limit to number of events an athlete can enter. Events may be combined were insufficient entries are received

Athletes may go up an Age Group to compete in an event **not** available in their own Age Group **as long as specifications (eg Weights) do not differ.**

Tiny Tots	50m	70m	200m pack start	Long Jump	Shot Put	Discus			
Under 6	70m	100m	200m	300m	Long Jump	Shot Put	Discus		
Under 7	70m	100m	200m	500m	Long Jump	Shot Put	Discus		
Under 8	60m/h	100m	200m	700m	Long Jump	Shot Put	Discus		
Under 9	60m/h	100m	200m	800m	High Jump	Shot Put	Discus		
Under 10	60m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	
Under 11	60m/h	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	
Under 12	60m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Under 13	80m/h	100m	200m	800m	Triple Jump	High Jump	Shot Put	Discus	Javelin
Under 14	80-90m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Under 15	90-100m/h	100m	200m	800m	Triple Jump	High Jump	Shot Put	Discus	Javelin
Under 17	100-110m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Opens	60m*	100m	200m	800m	Triple Jump	High Jump	Shot Put	Javelin	

* 60m Event in the OPENS is opened to all Athletes regardless of Age.

Under 17's may compete in the Opens Triple Jump and High Jump

OPENS EVENTS ARE FOR ATHLETES REGISTERED WITH ATHLETICS NSW ONLY with the exception of the above.

Enquiries: Phone Kevin McGarry 0417 048 148 or

E-mail lilac@hotmail.com.au

Mail Entries To: LILAC October Carnival Entries

PO Box 251, WARILLA NSW 2528

Postal entries to be paid by cheque or money order only (please don't send any cash) Cheques to be made out the Lake Illawarra Little Athletic Centre

Online Entries are available for direct deposit details please contact us with your entry via email to lilac@hotmail.com.au

Lake Illawarra Little Athletics Association Inc

CARNIVAL ENTRY FORM

Please Complete details for each athlete by placing an X in the square of the events.

If Athletes are competing up an age group please use a different line for them.

CENTRE:..... CENTRE #.....

Age Group	Athletes Name	Rego Number	OPEN 60M	70m	100m	200m	300m	400m	500m	700m	800m	1500m	60/80/90 100/110M Hurdles	L/Jump	T / J u m p	H / J u m p	S h o t P u t	D i s c u s	J a v e l i n	Total Cost

Contact Name:

Email Address

Please indicate if you would like to be included in Lake Illawarra's Mailing List for future Carnivals YESNO